

So Cal Dental Quarterly

Volume 9 Issue 02 April - June 2022



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Staying Connected.....

Water Cooler chat with
Regina Calderon

"OUR MISSION STATEMENT"

To serve our patients with unparalleled excellence demonstrated through the passion and integrity of our services;

To serve our Team Members by providing exceptional working environments, competitive benefit packages, and a philosophy of empowerment and personal accountability, that can create the potential for professional growth and fulfillment;

To conduct our activities with sound social and ethical values, to better guide our growth objective to be the dental services company that our competitors strive to emulate.



SC Q MAGAZINE

SO CAL. DENTAL PARTNERS QUARTERLY MAGAZINE

Newsletter Date April-June Volume 9, Issue 2

FROM THE NEWS ROOM



SC Q Editors-in Chief

So Cal Dental Partners Editors

Debbie Canu	Dcanu@socaldentalpartners.com
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Rosie Larrea	RosieL@socaldentalpartners.com

Hi Team,

We have some fun raffles and contests. Participate, IT'S MORE FUN!

Congratulations to last issue's winners of finding the "tooth," Karly Warner of Corporate, Rosie Larrea of Corporate and Cynthia Silva of Inland Dental Center-SB.

The tooth was on page 20 on the bottom of her pink shirt. Each winner got a \$10 gift card.

When you are reading this newsletter be on the look out for the tooth. Once you find the tooth in the magazine, follow the directions below to submit your guess for the tooth location. Everyone who guesses correctly will be entered in a drawing to win a prize! Instead of emailing it to us directly, you will need to submit the answer on our website.

1. Go to www.socaldentalpartners.com
2. Click employee portal and log in with your email and password. If your unsure of what your email and password is, contact your manager or email Karly Warner at: karlyw@socaldentalpartners.com
3. After you log in, you will see a button that says "Tooth Guesses". Click this button.
4. Specify the location of the tooth, and your first and last name, practice name, and press submit.

Here is a sample of what the tooth looks like →

(**note this is a sample**, not the new location)



.....Happy searching! -Debbie



MILESTONES

So Cal Dental Partners recognizes that you have a choice where you spend your time other than at home. We are proud to recognize the following employees this quarter who will celebrate their milestone anniversaries.

5 Years

Laura Dittman

Gina Johnson

Leonel Perez

15 Years

Regina Calderon

Luann Perez

Carissa Robitaille

Jungim Romero

Welcome OUR NEW TEAM MEMBERS



Marlana Saldana
Inland Dental Center
Dental Assistant



Carlos Felix
Inland Dental Center
Front Office



Chinique Robinson
Inland Dental Center
Front Office



Jenny Rios
SC Dental Care
Front Office



Danielle Barrett
Sea Country
Front Office



Bianka Valenzuela
Arrowhead Dental Specialties
Front Office

happy

birthday

April

ANGELA ALVAREZ
TINA BECERRA
XANAT CRUZ-RAMIREZ
RENEE DOBBERT
MARTHA GONZALEZ
STEVE KRIEGER
ALVARO MARTINEZ
YESSENIA RAMIREZ-
HERRERA
MONIQUE RICO
ANGELINA ROBITAILLE
ARLETTE RODRIGUEZ
VERONICA SOSA
LUANN WHITE
DR. ERIK SAHL
DR. KANH NGUYEN
DR. RON AYZIN

May

JASMIN BARRERA
CANDE LABANDER
ROSA MENDEZ
CYNTHIA SILVA
MICHELLE STALEY
DR. RODNEY BOYD
DR. REENA PATEL
DR. NADIA HASSAN
DR. TABBY

June

HUMBERTO BRICENO
RENA COMER
LAURA DITTMAN
MARKIE FLOREZ
JANAYE JONES
CYNTHIA NWARO
LUANN PEREZ
RACHELLE ROARK
JULIANA RODRIGUEZ
CARINA SANCHEZ
CASEY STEWART
STACY VALDEZ
KIM VU
BREANNA YOUNG
DR. MARK CONOVER
DR. PAUL MURRAY
DR. LUIZA PORTNOFF
DR. WESLEY OKUMURA
DR. GRACE SANCHEZ



Cynthia at Rancho Niguel Dental



Dr. Hsiao at South Coast Dental Specialties

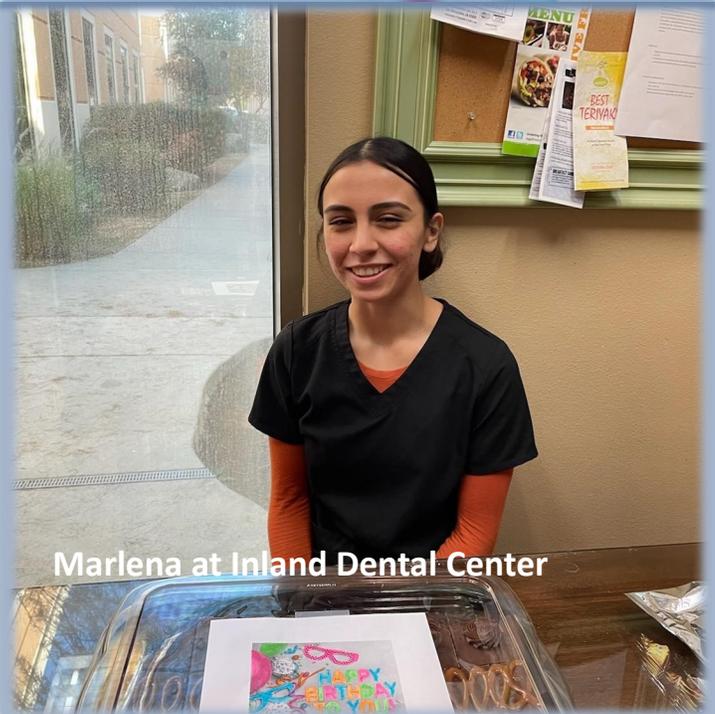


Evelyn at Inland Dental Center



Holly at Inland Dental Center

Happy Birthday



Marlena at Inland Dental Center



Robyn at Inland Dental Center



Veronica at Inland Dental Center



Donna at Heritage Court



Ale at Heritage Court



Dr. Boyd at Inland Dental Center



Dr. Inman at Heritage Court



Alyssa at Heritage Court

*Celebrating hard work &
anniversaries*



Cyndi's 1st & Selina's 7th anniversary
@ Heritage Court



Eva Hernandez February Employee of the month
@ Inland Dental Center



Yolanda Lopez January Employee of the month
@ Inland Dental Center



Are you investing in your 401k?

What is a 401k?

Many employers sponsor a retirement savings plan for their employees. Under these plans, also commonly known as defined contribution plans, you can save money toward your retirement on a tax-deferred basis – that is, you don't pay federal or state income taxes on your savings or their investment earnings until you withdraw the money at retirement.

Most people's taxable income – and therefore, their tax rate – is lower at retirement than during employment, so they end up paying considerably less in taxes on their savings.

How does a 401k Plan Work?

With a regular 401(k) plan, money is deducted from your paycheck before taxes are withdrawn, which lowers your taxable income, and therefore, lowers your taxes.

401(k) vs. Stocks

Why would you be better off contributing to a 401(k) plan than you would be, say, investing in stocks on your own? After all, with your own investments at least you're not penalized when you sell them.

There are several advantages to a 401(k) over your own investments. Of course, that doesn't mean you shouldn't do both. It is always a smart move to diversify (or spread out) your overall financial investments. The primary advantages to a 401(k) are that **the money is contributed before it is taxed**. Therefore, your taxable wages are lower.

For example, a person in the 15% tax bracket earning \$1,000 each payday would normally have \$150 withheld from his or her paycheck for taxes. But if that person makes a \$100 contribution to a 401(k) plan every payday, then his or her taxable income is reduced by that amount, to \$900. As a result, his or her tax withholding would be just \$135. Any amount you contribute in excess of your plan's limits does not qualify for tax deductions.

401(k) Rules for Borrowers

Borrowing from your 401(k) plan may seem like a great way to get your hands on some easy money, but it could do more harm than good. Therefore, So Cal Dental Partners does NOT permit plan borrowing .

Next enrollment June
2022

Yes, That's Your Nest Egg:

Don't forget that So Cal Dental Partners has a generous employer match for full time employees. This means that 10% of your contribution will be matched in your 401k but not to exceed your contribution. Late enrollees accepted if you are already eligible. ****Note** that the match may evolve or change while we are revamping the plan. Currently we match 10% of your contribution.

Eligibility Requirements:

Must be 18 years of age.

Complete 12 months of service

Completed minimum of 1000 hours each year

Enrollment can take place thereafter during open enrollment only

Interested in signing up

Q: Are you are interested in saving for your future and reducing your taxable income?

Go To :

- ◆ www.socaldentalpartners.com and login
- ◆ Click on Employee Portal
- ◆ Insert your email and employee password
- ◆ Click Employee forms, then click 401k forms/info
- ◆ Complete the application and courier to the Corporate Office
- ◆ *****New Hires are auto enrolled at 5% deferral once eligible*****

WHAT OUR PATIENTS ARE SAYING



Ladies,
I just received a call from Mike Salisbury and he can't stop raving on how great he was treated. He appreciated the time we spent explaining the procedure. It made him feel very comfortable.
Dr Portnoff,
He said you have the biggest wrist muscles he's ever seen in a woman.
Great job, Arrowhead team 😊



David Ortega
2 reviews

★★★★★ 26 minutes ago

My experience at Inland Dental was superb, the atmosphere was inviting, clean, and everyone was genuinely friendly. The office personnel was immensely professional, courteous, and informative, especially Dr. Patel, Rena the hygienist, and Melissa (Thank you for introducing me to this office)!

BILLY PRATT

Feb 11 · 11:44 AM

★★★★★

Painless Dentistry! My family and I have been coming to Inland Dental for 20 years. I recently had an implant installed. Dr. Murray did the procedure. He said I would be sore and have some pain from the drilling. I never had to take my pain meds as there was literally no pain at all. The day following the procedure Dr. Murray called to check on me. Amazing care and customer service. Trust your family to Inland Denta!



Donna S.

★★★★★

I had a great root canal experience here, Dr. Silvestrin (sp?) and Patti and the whole office were...



Cruise Chick

Jan 13 · 8:28 AM

★★★★★

Cori & Bri make my visits so fun while doing a great job...thanks ladies!



For EPO Members

DOUBLE OUCH

Don't add expense to injury with a trip to the ER.

Go to an urgent care center for non-emergencies, for care without the high expenses of emergency room services.



Your local Cigna contracted urgent care center (UCC) offers much of the same basic medical services as your doctor's office, often with extended hours. Staffed with licensed physicians, they are usually equipped to handle x-rays, stitches, sprains, and infections. They accept walk-in appointments, and typically have shorter wait times than the emergency room.

If you feel you are experiencing an emergency, call 911 immediately or go to the nearest ER

Savings

With lower copayment costs than ER visits, UCCs offer you quality care at lower out of pocket costs for non emergency conditions.

SPEED

In addition to the quality care, UCCs offer much shorter wait times. While the average wait time at a California ER is 4 hours and 34 minutes, your wait at UCC is usually less than an hour.



Welcome to 24/7 Call-A-Doc

Courtesy of your employer, you'll soon have access to medical care anytime day or night. Welcome information will be available shortly with directions for setting up your 24/7 Call-A-Doc account. Visit www.247calladoc.com or call 844-DOC-24HR to complete the required information, including your medical history. Then you'll be able to access quality care by licensed, U.S.-based doctors. Care is there when you need it!



What Is 24/7 Call-A-Doc?

With 24/7 Call-A-Doc, you can visit with licensed U.S. doctors from anywhere – the comfort of your own home, office or even hotel room – at your convenience, 24 hours a day, 7 days a week. And because the consultation is free, you'll avoid costly urgent care or ER visit bills.

When Can I Use 24/7 Call-A-Doc?

24/7 Call-A-Doc is for non-emergency issues when you can't get in to see your primary care physician. (24/7 Call-A-Doc does not take the place of your regular primary care physician.)

Give us a call or click when:

- ✓ You need care right now
- ✓ You're thinking about visiting the ER or urgent care for a non-emergency health concern
- ✓ You need a short-term prescription refill
- ✓ You're out of town on business or pleasure

Care Is There When You Need It

Our highly qualified doctors can help you feel better fast by treating:

- + Ear infections
- + Cold and flu symptoms
- + Urinary tract infections
- + Pink eye (conjunctivitis)
- + Allergies and sinus problems
- + Respiratory infections
- + Acne and skin rashes
- + Plus so much more!

Want to keep your primary care physician in the loop?

With your consent, 24/7 Call-A-Doc will provide a record of your consultation to your PCP. Just ask!

www.247calladoc.com • 1-844-DOC-24HR

HEALTH INSURANCE

101

Health Insurance Open Enrollment June 2022

Open Enrollment for Health Insurance is right around the corner. Currently we are utilizing the same coverage with Cigna or a comparable insurance as our provider network. During this open enrollment you can do the following:

*ADD / DROP DEPENDANTS

*CANCEL COVERAGE

*ENROLL IF YOU HAVEN'T ALREADY DONE SO AND ARE ELIGIBLE (30+ HRS & 60 DAYS)

Your health coverage is an EPO (Exclusive Provider Network) it is like a hybrid of an HMO and a PPO. EPO's offer more flexibility than an HMO and are generally less pricey than a PPO. But unlike an HMO, you are responsible for paying out of pocket if you seek care from a doctor outside your plan's network. EPO's are a good especially if you see specialists without a PCP referral within your network.

Remember you have no coverage under the health plan if you go out of network.

To see a list of doctors and register in the Cigna Network you can go online to:

www.MyCigna.Com

Register using the Member Number on your Insurance card.

If you have questions about coverage or you are experiencing difficulty with a claim, please contact our representatives at BeaconPath at: (949) 716-9099 / (888) 883-1920

Or email: customerservice@BeaconPath.com

HEALTH INSURANCE

101

FAQ's

What is the name of my health insurance provider?

Your insurance company is called EDIS. EDIS stands for employer driven insurance services, otherwise known as an employer “self-funded plan.”

Who is Cigna?

Cigna is the current provider network for your health Insurance-

You must go through the Cigna network in order to be covered (this may change)

My name is spelled wrong on my insurance card. What do I do?

Please notify corporate about the error and we will make the correction. Your health coverage is not affected by this error

What's in it for me?

By reducing annual premiums it is our goal to be able to provide a wellness program for all employees on the healthcare plan and help reduce future costs.

My Pharmacy or Doctor says I'm not covered or eligible. What do I do?

If you have your insurance card, you may contact BeaconPath at 949-716-9099 explain that you are an employee of So Cal Dental Partners and you are having an issue with coverage/eligibility or you can call EDIS directly at 877-646-9315

I'm struggling to meet my deductible, do you have an FSA offered?

Yes, we have an FSA that is available to coincide with the calendar year deductible. Next enrollment is in January unless you are just now eligible for health benefits.

Holiday cheer



Holiday cheer



IDC HIGHLAND WINTER
WONDERLAND

2021



Holiday cheer



What's Popping in the I.E. & O.C.?



Wacky hair day @ Inland



Bread of the king @ HCT



Dr. Tabby bought Corporate Noonerz for lunch



SCDS bought Corporate Corner Bakery for lunch

Fun facts with Regina



What is your favorite thing about your career? I love to make patients comfortable

If you could choose to do anything for the day, what would it be?
Go fishing and work in the garden

What is your favorite sport to watch and play? Baseball

If you could only eat one meal for the rest of your life, what would it be?
Shrimp Scampi

What was your first job? Baskin & Robbins

Have you ever had a nickname? Peewee, Grandfather gave it to me because I was so small.

What is your favorite holiday and why? Thanksgiving, Because I like making Thanksgiving Dinner

Three words to describe you? Happy, people person, loving

What's your favorite TV show? Criminal Minds

What is your biggest pet peeve?
Messy kitchen

What makes you laugh the most? My husband

Aside from necessities, what is one thing you can't go without?
Coffee





Water Cooler Chat with Regina Calderon



As a company that promotes a family atmosphere, it is our pleasure to announce Regina Calderon, RDA, in our Inland Dental Center-Highland office will be celebrating her 15 year anniversary this April. Regina started out as a dental assistant in 1989 and then got her RDA license in 1993.

Regina was born and grew up in Oxnard, California. Her parents, Rosalie and Sal, have been married for 37 years. Regina is the oldest child of three children with one brother and sister. Regina and her husband, will be celebrating their 25th wedding anniversary this July 4th and as happy as can be. They are the proud parents of four children; Christopher, 36; Devon, 23; Daniel, 21 and Ryan, 18.

Daniel is on his fourth year of going to CSUSB, and majoring in computer science. Ryan is on his 1st year at CSUSB. Devon is getting married in April and Regina is so excited.

When Regina isn't working, she loves going camping at Mountain Lakes. She also enjoys to cook, go fishing, read, crochet, and work in the garden. Hawaii is top on her list to go vacationing at. She loves to go snorkeling there and just taking in the beautiful scenery.



We asked Regina what she likes the most about working for So Cal Dental Partners, she said, "The energy, the environment and we all work well together as a team." Congrats Regina on 15 years. We value all the work you do for the company.



One of the greatest titles in the world is to be a parent, and one of the biggest blessings in the world is to have parents. Whether they watch us from here or from heaven; we are remembering our mom and mother figures this Mothers day, with love.



Cindy's mom, Cecilia, IDC



Cyndi's & her mom, Mike, HCT



Debbie & her mom, Barbara, Corporate





Chinique & her mom, Vicki, IDC



Jennifer's mom, Sylvia, IDC



Laura & her mom, Lisa, Sea Country



Eva's mom, Maria, IDC



Michelle & her mom, Judy, IDC



Nereyda & her mom, Juanita, IDC



Heidi & her mom, Jane, IDC



Maria & her mom, Maria, IDC



Veronica Sosa's mom, Dora, IDC



Veronica & her mom, Benny, IDC



Auri & her mom, Rosa, Sea Country



Charito's mom, Grace, IDC



Celebrating moms

Happy Mother's Day!



Renee & her mom, Leone, Corporate



Robyn & her mom, Irene, IDC

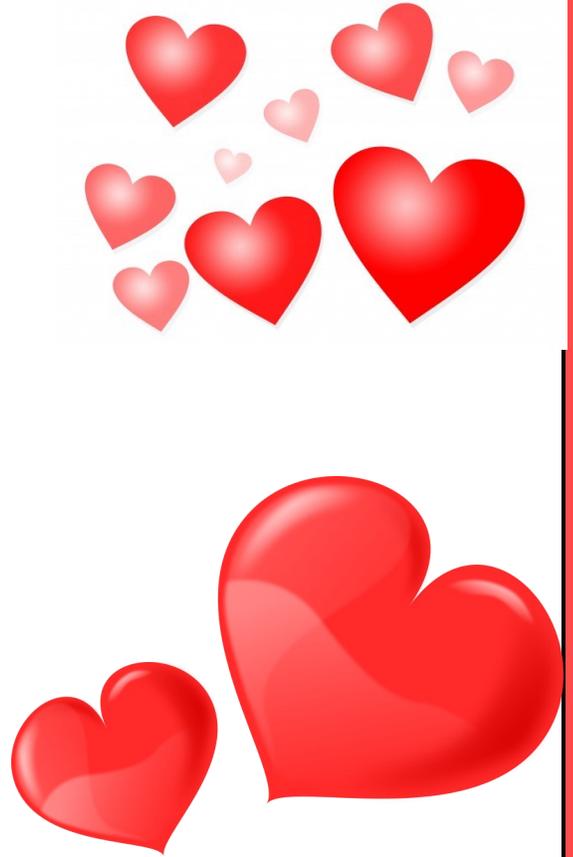
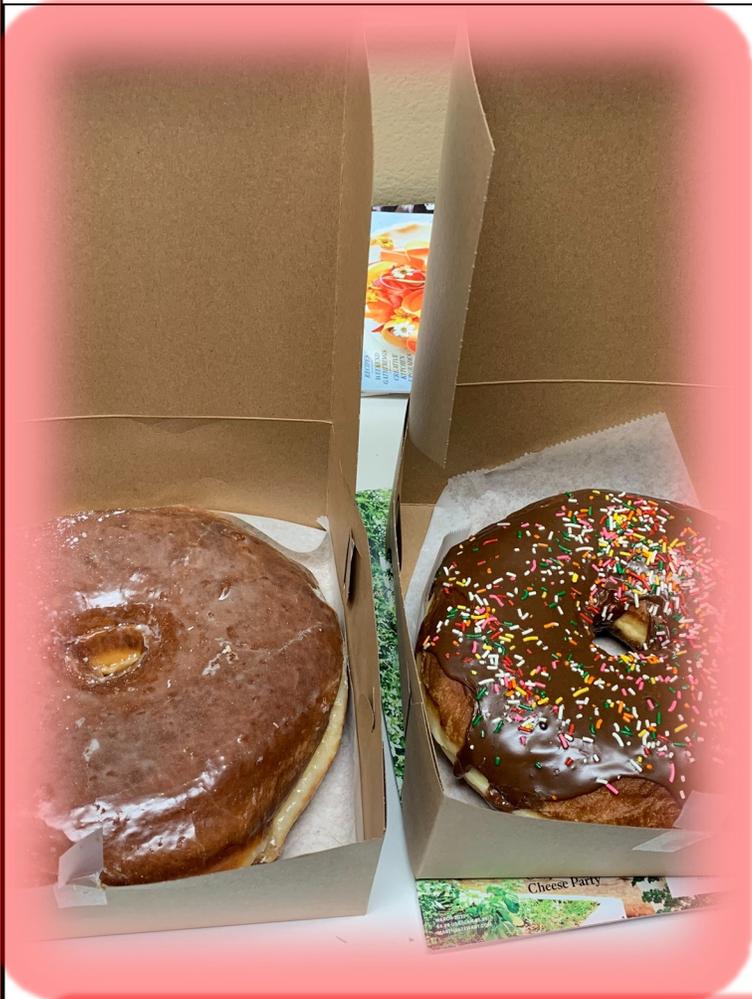


Stephanie & her mom, Becky, SCDS



Rosie & her mom, Juana, Corporate

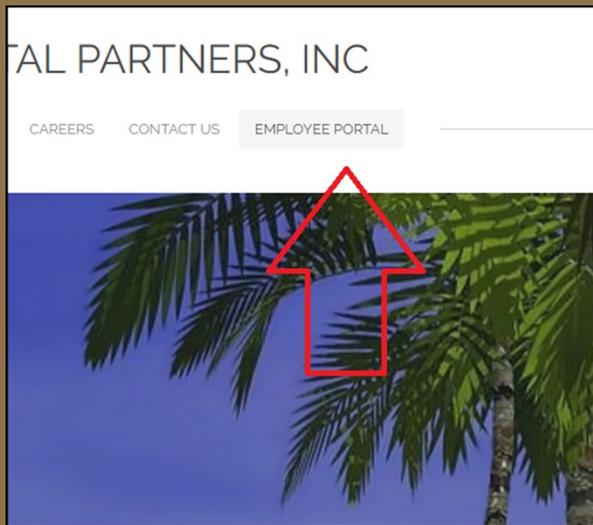
VALENTINES DAY



ACCESS OUR WEBSITE

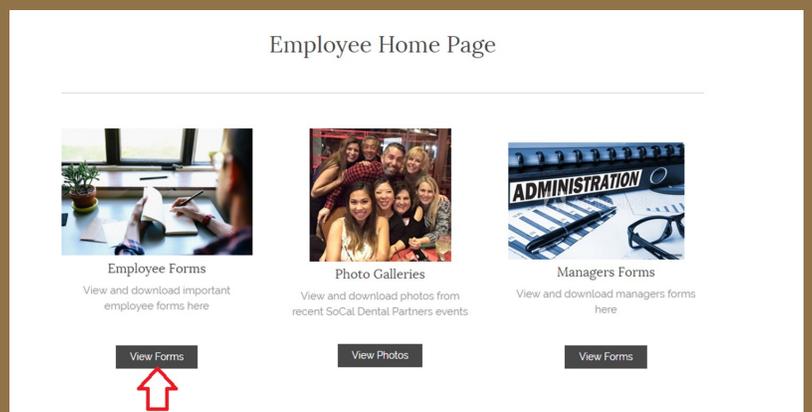
Please take this opportunity to explore the Corporate website and all the important information that is available to you. Keep in mind that when looking for employee forms, benefit information, and company policies, the website should be the first place you visit. Below is a tutorial on how to access the website.

**Step 1: Go to
socialdentalpartners.com**



Step 2: Click on employee portal on the navigation bar at the top of the web page. Your login information is your email, and your password is your last name and clock in code. Your manager will also have this information.

Step 3: Click view forms under employee forms to view the employee manual, benefit forms, and other employee forms.



ARE YOU PREGNANT? LET US HELP YOU!



First and foremost it is important for you to know that we are here to help you. When the time comes to have your baby, we want you to feel knowledgeable so that you can focus on your baby! Below are a list of questions and answers to help you get through the process.

1. Who should I notify first?

We suggest that you always keep your manager in the loop at all times. However, it is important to *contact the corporate office directly*. Please do not rely on your managers to do this. We need to speak with you directly.

2. When should I notify the corporate office?

The corporate office would like to know as soon as you inform your manager. In the event that any health concerns come up during your pregnancy, this gives us adequate time to get all your paperwork to you so that you can prepare for your time off.

3. How do I contact the corporate office?

The corporate office is open Monday through Friday from 8 AM—5 PM. The number you can reach us at is (949) 600-7046. You can also email Karly at KarlyW@socaldentalspartners.com

4. What kind of information will you need from me?

The corporate office will ask you about your expected due date and follow up with you before the date to find out when you plan to go out on maternity leave. This gives enough time to send out all the paperwork and informational pamphlets to you so that you have time to read through everything.

5. What if there is an emergency and I can't return unexpectedly?

This is another reason why it's important to let the corporate office know you are pregnant as soon as possible. We understand that this happens and want to help make this experience less stressful. First, call your manager. Second, call or email the corporate office.



Special Delivery

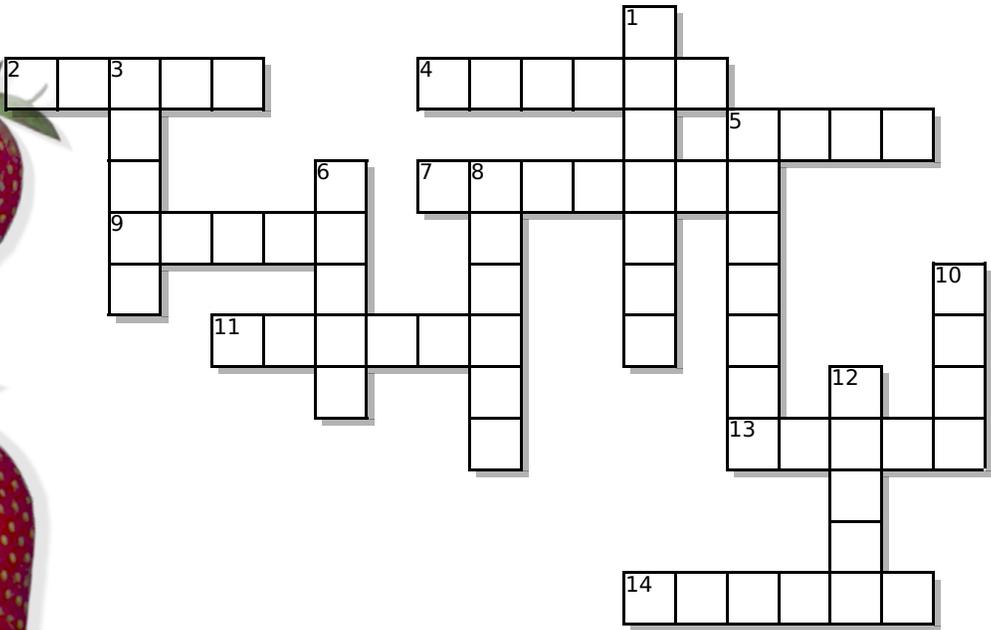
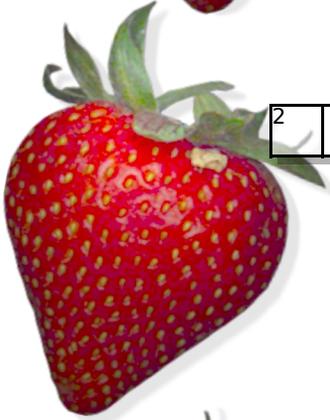


Carissa of SC Dental
Welcomed baby- Dakota
December 2021



SO CAL MAG PUZZLER VOL. 9 ISSUE 2

Answers at www.socaldentalpartners.com



ACROSS

- 2 HAD A QUEEN'S BIRTHDAY AT INLAND
- 4 WELCOME ABOARD TO THIS LAD
- 5 HAD A RAVING REVIEW
- 7 EMPLOYEE OF THE MONTH IN JAN @ INLAND
- 9 ONE OF THE LAST ISSUE TOOTH DRAWING WINNERS
- 11 FIRST NAME OF CARISSA'S BEAUTIFUL BABY GIRL
- 13 CHARITO'S MOM'S NAME
- 14 REGINA'S NICKNAME

DOWN

- 1 PLACE WHERE DR. TABBY BOUGHT CORPORATE LUNCH FROM
- 3 FIRST NAME OF A 5 YEAR ANNIVERSARY TEAM MEMBER
- 5 SOMETHING REGINA LOVES TO DO WHEN NOT WORKING
- 6 FIRST NAME OF STEPHANIE'S MOM
- 8 CITY WHERE REGINA WAS BORN
- 10 THE MONTH WE START A NEW HEALTH INSURANCE PLAN
- 12 FIRST NAME OF A MAY BIRTHDAY TEAM MEMBER (HINT SEA COUNTRY DENTAL)

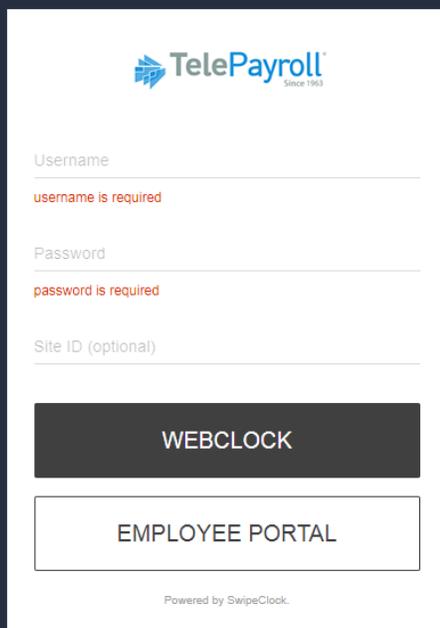


WORKING AT MORE THAN ONE LOCATION OR DEPARTMENT?

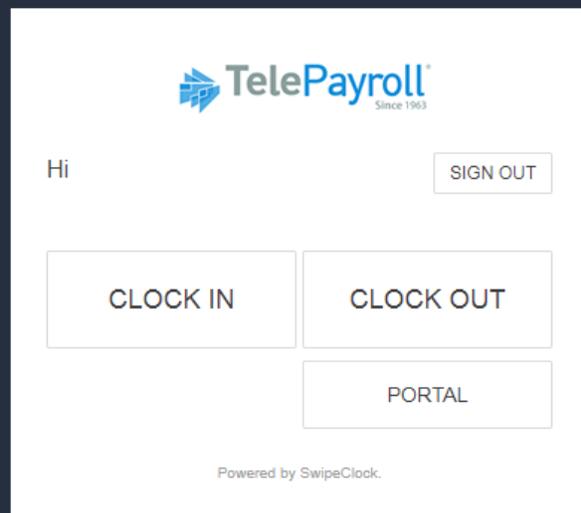
PLEASE FOLLOW THE INSTRUCTIONS BELOW TO MAKE SURE WE PAY YOU PROPERLY!

When you get to this screen enter your username and password. Then click 'web clock'. The second screen prompts you to clock in.

Employee Login



The Employee Login screen features the TelePayroll logo at the top. Below it are three input fields: 'Username' with a red error message 'username is required', 'Password' with a red error message 'password is required', and 'Site ID (optional)'. At the bottom, there are two buttons: a dark grey 'WEBCLOCK' button and a white 'EMPLOYEE PORTAL' button. The footer text reads 'Powered by SwipeClock.'



The Employee Dashboard screen shows the TelePayroll logo and a 'Hi' greeting. A 'SIGN OUT' button is in the top right. Below are three buttons: 'CLOCK IN', 'CLOCK OUT', and 'PORTAL'. The footer text reads 'Powered by SwipeClock.'

On the last screen enter the department number Or Office Name/Dept. and press 'finish punch'
More Examples:

SEA COUNTRY, HCT GENERAL, INLAND ORTHO, HIGHLAND PEDO, IDS ENDO

If in same office but different Department (You have the codes):

Examples:

10 (dental Assistant) 11 (Perio Assistant) 12 (Endo Assistant)

More information needed:

ENTER DEPT XX (Optional)

FINISH PUNCH

CANCEL PUNCH

Corporate Office

So Cal Dental Partners Corporate
27 Spectrum Pointe Dr. Ste. 308
Lake Forest, CA 92630
www.socaldentalpartners.com
Tel: 949.600.7046
Fax: 949.600.9899

Orange County

Sea Country Dental
32341 Golden Lantern, Suite C
Laguna Niguel, CA 92677
www.seacountrydental.net
Tel: 949.496.7910
Fax: 949.496.3778

Rancho Niguel Dental Group
30140 Town Center Drive
Laguna Niguel, CA 92677
www.ranchnigueldental.com
Tel: 949.249.4180
Fax: 949.249.4185

South Coast Dental Specialties
30190 Town Center Drive, Suites A & B
Laguna Niguel, CA 92677
www.scdentalspecialties.com
Tel: 949.363.2540
Fax: 949.363.3352

SC Dental Care
22972 Moulton Parkway #106
Laguna Hills, CA 92653
www.scdentalcare.com
Tel: 949.770.3010
Fax: 949.837.5410

Alicia Dentistry
24481 Alicia Parkway #B-3
Mission Viejo, CA 92691
www.aliciaopds.com
Tel: 949.586.9800
Fax: 949-586-7659

Inland Empire

Inland Dental Center- Highland
6982 Boulder Ave
Highland, CA 92346
www.idchighland.com
Tel: 909.862.2121 (GP)
Tel: 909.863.7998 (Ortho/Pediatrics)
Fax: 909.907-7961

Inland Dental Center- San Bernardino
362 East Vanderbilt Way
San Bernardino, CA 92408
www.idcsanbernardino.com
Tel: 909.384.1111
Fax: 909.381.2981
Arrowhead Dental Specialties
Same address as IDC- San Bernardino
www.idcsanbernardino.com/arrowhead-specialties
Tel: 909.381.3131
Fax: 909.384.9931

Inland Dental Center- Heritage Court
44100 Jefferson Street #D404
Indio, CA 92201
www.idcheritagecourt.com
Tel: 760.772.0214 (General/Ortho/Pedo)
Fax: 760.772.0583

Inland Dental Specialties
44100 Jefferson Street, #E506
Indio, CA 92201
www.idspecialties.net
Tel: 760.772.0725 (Endo, Perio, O/S, Prosth)
Fax: 760.610.7973

For additional information or feedback, please
contact us via email:

Dcanu@socaldentalpartners.com
KarlyW@socaldentalpartners.com
ReneeD@socaldentalpartners.com
RosieL@socaldentalpartners.com